



Item number	Product name	Allergens	Suitable for Vegetarians (Y/N)	Suitable for Vegans	Gluten from Wheat (Y/N)	Gluten from Rye (Y/N)	Gluten from Barley (Y/N)	Gluten from Oats (Y/N)	Gluten from Spelt (Y/N)	Gluten from Kamut (Y/N)	Milk (Y/N)	Eggs (Y/N)	Peanuts (Y/N)	Nuts (Y/N)	Fish (Y/N)	Crustaceans (Y/N)	Molluscs (Y/N)	Soya (Y/N)	Sulphur Dioxide & Sulphites (Y/N)	Celery (Y/N)	Sesame Seeds (Y/N)	Mustard (Y/N)	Lupin (Y/N)	
26	Breakfast muffin	Wheat Gluten, Egg, Soya, Milk	N	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	Y	N	N	N	N	N	
27	Straight Butter Croissant	Gluten, Egg, Milk	N	N	Y	N	Y	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N
28	Almond Croissant	Eggs, Gluten, Lupin, Milk, Nuts, Sesame, Soya	Y	N	Y	N	N	N	N	N	Y	Y	Y	Y	N	N	N	Y	N	N	Y	N	Y	
29	Pain au Chocolat	Gluten, Milk, Soya, Egg	Y	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	Y	N	N	N	N	N	
30	Large Danish Selection	Celery, Egg, Milk, Nuts	N	N	N	N	N	N	N	N	Y	Y	Y	Y	N	N	N	N	N	Y	N	N	N	
31	Spiced Teacakes	Gluten, milk, Eggs,	N	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	
<b>TRAYBAKES</b>																								
32	Apple Shortcake Traybake	Eggs, Gluten, Milk, Sulphites	N	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	N	Y	N	N	N	N	N
33	Lemon Drizzle	Eggs, Gluten, Milk, Soya	N	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	Y	N	N	N	N	N	N
34	Raspberry and Coconut Slice	Eggs, Gluten, Milk, Sulphites	N	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	N	Y	N	N	N	N	N
35	White Chocolate and Cranberry Tiffin	Gluten, Milk, Nuts, Soya, Sulphites	N	N	Y	N	N	N	N	N	Y	N	N	Y	N	N	N	Y	Y	N	N	N	N	N
36	White Chocolate and Caramel Shortcake	Gluten, Milk, Soya	N	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N
37	Lemon and Blackcurrant Drizzle	Eggs, Gluten, Milk	N	N	Y	N	N	N	N	N	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N
38	Vegan Dark Chocolate & Pecan Nut Bar	Soya, Nuts (Almond, Hazelnut & Pecan)	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N
39	Rockslide Brownie	Gluten, Milk, Eggs, Soya, Pecan Nuts	N	N	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	Y	N	N	N	N	N	N
40	Toffee Crunch Blondie	Gluten, Milk, Almond Nuts, Soya, Eggs	Y	N	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	Y	N	N	N	N	N	N
41	Chocolate Peanut Butter Stack	Gluten, Milk, Eggs, Peanuts, Soya	Y	N	Y	N	N	N	N	N	Y	Y	Y	N	N	N	N	Y	N	N	N	N	N	N
42	Vegan Chocolate Orange Tart	Wheat, Soya, Nuts (Almonds)	Y	Y	Y	N	N	N	N	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N
43	Blackcurrant Crumble	N/A	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N			
44	Sultana Scones	Wheat from gluten, milk, eggs	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
<b>CAKES</b>																								
45	Carrot Cake	Gluten, Milk, Eggs, Nut	Y	N	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	N	N	N	N	N	N	N
46	Victoria Sponge Cake	Gluten, Milk, Egg, <i>may contain soya, may contain nuts</i>	Y	N	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	Y	N	N	N	N	N	N
47	Red Velvet Cake	Gluten, Milk, Eggs, Soya, <i>may contain nuts</i>	N	N	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	Y	N	Y	N	N	N	N
48	Toffee Cake	Gluten, Milk, Eggs, <i>may contain nuts</i>	Y	N	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	N	N	N	N	N	N	N
49	Vegan Lemon Grove Cake	Gluten. <i>may contain: milk, eggs and nut</i>	Y	N	N	N	N	N	N	N	Y	Y	N	Y	N	N	N	N	N	N	N	N	N	N
50	Daim Tarta - Gluten Free	Milk, Eggs, Soya, nuts. <i>may contain: peanuts</i>	Y	N	N	N	N	N	N	N	Y	Y	Y	Y	N	N	N	Y	N	N	N	N	N	N
<b>MUFFINS</b>																								

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51	Blueberry muffin	Gluten, Milk, Eggs. <b>may contain: soya and nuts</b>	Y	N	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	Y	N	N	N	N	N	
52	Raspberry and White Chocolate muffin	Gluten, Milk, Eggs, Soya. <b>may contain: nuts</b>	Y	N	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	Y	N	N	N	N	N	
53	Toffee + Banana muffin	Gluten, Milk, Egg. <b>may contain: soya, nuts</b>	Y	N	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	Y	N	N	N	N	N	
54	Lemon + Poppyseed muffin	Gluten, Milk, Eggs. <b>may contain: soya and nuts</b>	Y	N	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	Y	N	N	N	N	N	
55	Chocolate muffin	Gluten, Milk, Eggs, Soya. <b>may contain: nuts</b>	Y	N	Y	N	N	N	N	N	Y	Y	N	Y	N	N	N	Y	N	N	N	N	N	
<b>INGREDIENTS</b>																								
56	Drink Me Spiced Chai powder	Milk	Y (Lacto Vegetarians)	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
57	Simply Sweet Ground White Hot Chocolate powder	Milk	Y	N	N	N	N	N	N	M	Y	N	N	N	N	N	N	N	N	N	N	N	N	
58	Zuma Hot Chocolate	may contain: milk, soya, wheat and gluten.	Y	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	
<b>COFFEE DRINKS</b>																								
59	Espresso	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
60	Ristretto	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
61	Cortado	with semi-skimmed milk: Milk	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
		with Skimmed milk: Milk	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
		with Soya milk: Soya	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
		with Coconut milk: Nut	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	N	N	N
		with Almond milk: Nut	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N
		with Oat milk: Oats	Y	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
62	Mocha Cortado	with semi-skimmed milk: Milk	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
		with Skimmed milk: Milk	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
		with Soya milk: Soya	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
		with Coconut milk: Nut	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	N	N	N
		with Almond milk: Nut	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N
		with Oat milk: Oats	Y	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N
63	White Mocha Cortado	with semi-skimmed milk: Milk	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
		with Skimmed milk: Milk	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
		with Soya milk: Soya	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N
		with Coconut milk: Nut	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	N	N	N





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74	Green	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
75	Peppermint	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
76	Chai	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
77	White Ginger Pear	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
78	Spiced Rooibos	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
79	Jasmine	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
80	Pomegranate Punch	N/A	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N		
<b>CHAI DRINKS</b>																									
81	Chai Latte	<i>with semi-skimmed milk:</i> Milk	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	
		<i>with Skimmed milk:</i> Milk	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
		<i>with Soya milk:</i> Soya	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N
		<i>with Coconut milk:</i> Nut	Y	N	N	N	N	N	N	N	N	Y	N	N	Y	N	N	N	Y	N	N	N	N	N	N
		<i>with Almond milk:</i> Nut	Y	N	N	N	N	N	N	N	N	Y	N	N	Y	N	N	N	N	N	N	N	N	N	N
		<i>with Oat milk:</i> Oats	Y	N	N	N	N	Y	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	
<b>HOT CHOCOLATE DRINKS</b>																									
83	Hot Chocolate	<i>with semi-skimmed milk:</i> Milk	Y	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	
		<i>with Skimmed milk:</i> Milk	Y	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
		<i>with Soya milk:</i> Soya	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
		<i>with Coconut milk:</i> Nut	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	N	N	N	N
		<i>with Almond milk:</i> Nut	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
		<i>with Oat milk:</i> Oats	Y	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
84	White Hot Chocolate	<i>with semi-skimmed milk:</i> Milk	Y	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	
		<i>with Skimmed milk:</i> Milk	Y	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	
		<i>with Soya milk:</i> Soya	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N
		<i>with Coconut milk:</i> Nut	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	Y	N	N	N	N	N	N
		<i>with Almond milk:</i> Nut	Y	Y	N	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
		<i>with Oat milk:</i> Oats	Y	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	N	
<b>SUPER FOOD LATTES</b>																									







